Activities for Developing Form Constancy

Development of Form Constancy is yet another important skill for children to master at the primary level. Form Constancy means “remembering and recognizing a shape, whatever its size, color or surroundings may be.” This skill is necessary for remembering and recognizing numbers, letters and words.

Following are some activities you could work with your child at home in order to help him/her develop greater proficiency at Form Constancy.

- Collect pictures of a certain animal or object - photographs, cartoon drawings, colored or black and white, large or small, in different positions such as walking, sitting, laying down, etc. and have your child identify what is happening
- Show a few objects on a table, cover them and ask your child to name them
- Show some objects, and have your child look away while you remove one, then look and tell what is missing
- Have your child tell all the things in the room that are shaped like a circle, a square, a triangle, an oval, etc.
- Have your child pick out all the shapes that are the same, no matter what size or color
- Use shapes to make a picture of something real. I.e.: circles to make a snowman, etc.
- Have your child feel an object with his/her eyes closed and tell what it is